Dear Mrs Bagley,

I hope this finds you well. I am writing to bring to your attention a concerning issue I have been experiencing with the dispensary in regards to the inconsistency in the brand of pills provided.

Every time I visit the dispensary, I am given a different brand of pill, which has significantly impacted my health and well-being. As you may know, switching between different brands of pills can be challenging for the body as it needs time to readjust. Unfortunately, the three-month timeframe between prescription refills is not sufficient for my body to adapt without adverse effects.

The constant change in the brand of the pill has led to unforeseen consequences for my health. I have experienced irregular cycles, severe pains, and other symptoms that were not present when I was on a stable pill regimen overseas. These changes have caused me distress and discomfort, affecting my daily life and overall well-being.

I kindly request your assistance in addressing this issue and ensuring that I receive a consistent brand of pills during my visits to the dispensary. Consistency in medication is crucial for maintaining my health and managing any existing conditions effectively. By providing me with a stable prescription, I believe I can avoid the adverse effects caused by the frequent changes in pill brands.

I would appreciate it if we could discuss this matter further and find a solution that works best for my health and well-being. Your attention to this concern is greatly appreciated, and I trust that together, we can resolve this issue and ensure a more effective and stable medication regimen moving forward.

Additionally, I am writing to express my disappointment and concern regarding my recent visit to the family planning nurse for an examination related to potential disorders, specifically endometriosis.

During my appointment, I was taken aback when the nurse conducted only a urine test and promptly recommended obtaining pills from Greenland's without further investigation or discussion about my specific symptoms or concerns. This experience left me feeling unsupported and disheartened, as I had anticipated a more comprehensive evaluation given the nature of the visit.

In all honesty, I left the consultation with the impression that the primary tool used in assessing my condition was Google rather than personalized medical expertise. The lack of thorough evaluation and tailored guidance has led me to question the quality of care provided at the clinic and has left me feeling uncertain about the next steps in managing my health.

Moreover, the time and money invested in traveling to the hospital for what felt like a cursory consultation added to my frustration. I had hoped for a more collaborative and informative interaction that would address my concerns and provide me with valuable insights and recommendations beyond a simple over the counter prescription.

I believe that open communication and a patient-centred approach are essential in healthcare, especially when dealing with sensitive issues such as potential disorders like endometriosis. I trust that my feedback will be taken into consideration to enhance the quality of care provided to patients in similar situations in the future.

Thank you for your attention to this matter.

Warm regards.