



**St Helena
Government**

ST HELENA HOUSEHOLD EXPENDITURE SURVEY 2023

CHECKLIST

We would like to know all the goods and services that you or people in your household purchase. We need to know the regular expenses that will crop up in the two week period that you keep a shopping diary. We have compiled a list of some of the items you need to include - it can be easy to overlook certain things so please refer to the list. If you have any questions about whether or not something should be included please ask your enumerator - they will be able to help.

We have also included a list of some of the regular expenses you may incur - such as fees for medical, licenses, Sure services and so on. This list will not cover all the bills you are likely to incur but hopefully will be of some help.

If you have any queries or concerns please contact the Statistics Office:

By email: statistics@sainthelena.gov.sh

In person:

Statistics Office
Top floor, Post Office Building
Jamestown
St Helena
South Atlantic Ocean, STHL 1ZZ
Telephone: 22138

DETAILED CHECKLIST OF ITEMS

1. FOOD

Bread, cakes, biscuits, crackers, pasta, flour, cake mix
Meats/poultry including bacon, sausage etc. - fresh/frozen or tinned
Fish - fresh/frozen or tinned, fruits - fresh/frozen or tinned
Potatoes onions, vegetables - fresh/frozen/packet/tinned
Rice, sugar cereals, margarine, butter, cooking oils
Milk - carton, tinned or powdered, eggs - fresh/imported
Sandwich fillings - peanut butter, marmite, paste, meat roll
Jams, marmalades, syrup, honey
Cheese - hard/spreads, hams, polony, ice creams, desserts
Teabags, coffee, ovaltine, horlicks, other hot beverages
Baby foods - packets, tinned, bottled
Sauces, pickles, salad creams, vinegar, soups - packets/tins
Curry powder, salt, pepper, oxos, herbs, spices
Peanuts, crisps, chocolates, sweets, chewing gums
Fruit juices - liqui fruits, canned/bottled drinks, bases, bottled water

2. CIGARETTES, TOBACCO, BEER, WINE & SPIRITS

Cigarettes, tobacco, cigarette papers, cigars, pipe tobacco, e-cigarettes
Beer, wine, spirits, cider

3. HOUSEHOLD/ELECTRICAL APPLIANCES, FURNITURE

Tables, chairs, sofas, wardrobes, kitchen cabinets, chest of drawers
Televisions, computer, DVD players, radios, music equipment
Beds, mattresses, pillows, duvets, bed linen, cushions, curtains, towels
Washing machines, fridge/freezers, cookers, heaters, showers, microwaves
Irons, crockery, cutlery, glasses, saucepans, buckets, buckets, nails, hooks, screws
Decorating material, garden tools/equipment, vacuum cleaners, building materials

4. PAYMENT FOR SERVICES

Payments - hospitalisation/doctor/dentist, optician, prescriptions
Payments to hairdressers/barbers, beauty treatments
Laundry, dry cleaning, lawn mowing/gardening
Hired domestic help, babysitters, car cleaning
Window cleaning, veterinary services
Handyman/odd jobs, mobile phones, top-up cards

5. MEALS/DRINKS OUT

Meals and drinks bought in hotels or snack bars, restaurant, cafes
Canteens, pubs/bars/clubs, school meal

6. HOUSEHOLD ITEMS

Washing powder/soap/liquid, disinfectant, insecticides, bleach
Polishes, air fresheners, fabric conditioners, foils, mops/brooms/brushes
Pet food, animal feed

7. HOUSEHOLD EXPENSES

Rent, loan re-payments, water/electricity charges, house insurance
Insurance of house contents, funeral insurance

8. TRANSPORT

Purchase cost of motor vehicles, vehicle repairs, petrol/diesel, oils, tyres
Taxi fare, vehicle hire, vehicle insurance, home to duty transport
Batteries, MOT, public transport fees

9. ENTERTAINMENT & RECREATION

Club entrance fee/subscription, sports equipment
Social/sports club subscriptions and entrance fees
Dance tickets, DVD/Video hire, swimming and gym fees, games
St Helena Community College classes

10. TOILET PREPARATIONS & MEDICAL SUPPLIES

Soaps, shampoos, creams/lotions, perfume, lipstick/gloss
Hair gel/cream, vaseline, deodorants, toothpaste & brushes
Sanitary ware, paracetamols, aspirins, antiseptic creams, tissues
Toilet paper, wipes, combs/brushes, over the counter medicines

11. MISCELLANEOUS PAYMENTS

Jewelry, watches, clocks, cameras, photographic expenses, toys
Raffle tickets, church collection, charity donations, pocket money
Birthday/occasional gifts (please specify items), newspapers
Holiday fares, suitcases, tailoring payments, calculators, bags
Money orders, stamps, faxes, books, pens/pencils, school supplies

12. FUEL & LIGHT

Paraffin, gas cylinders, candles, coal, batteries, matches, firewood

13. CLOTHING, CLOTHING MATERIALS, FOOTWEAR

Dresses, shirts, blouses, trousers, jeans, coats, jackets, skirts
Shorts, cardigans/jumpers, hat, ties, underwear, nightwear
Vests, socks, nappies, tights, jog suits, swimwear, rain jackets
Shoes, boots, sandals, trainers, flip flops, bedroom slippers
Wellingtons, clothing & dress material, cotton, wool

Some Regular Fees/ Charges

Connect

Electricity

Service Charge.....	£0.00
Cost per Unit 0-1000.....	£0.30
1001 & Over.....	£0.46

Water

Service Charge

Domestic & Unoccupied.....	£12.50
Agricultural.....	£12.50
Commercial & SHG.....	£36.41

Cost per Unit

Domestic (T)0-15 Units.....	£1.69
.....16 - 25 Units	£2.22
.....Additional Units	£4.37
Domestic (U).....	£1.11
Agricultural (T).....	£2.22
Agricultural (U).....	£1.11

Medical

Prescription Fee (per item).....	£2.60
Out-of-Hours Consultation.....	£13.85
X-Ray (per image).....	£7.20
Scan.....	£8.25
Family Planning.....	£0.00
Blood/ laboratory test.....	£5.15
Eye Screening.....	£7.70

Dental

Dental Consultation.....	£3.10
Scale and Polish.....	£5.15
Filling (per tooth).....	£4.10
Extraction (per tooth).....	£10.30
Denture Repair.....	£5.15

Environmental Health

Pest Control of Domestic Premises.....	£10.30
(plus cost of chemical plus 20%)	

Other

Physio aids (per item).....	£10.30
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These are just some examples of the regular fees and charges your household may incur. This is to help you remember the bills you may have paid out for over the last few months.

Sure

Internet monthly charge

Gold Plus.....	£176.07
Gold.....	£90.20
Silver Plus.....	£59.77
Silver.....	£44.56
Bronze.....	£22.25
Lite.....	£14.64
Set up fee.....	£20.00

Television

Subscription Fee.....	£44.00
Premium Subscription Fee.....	£59.95
Each additional Subscription.....	£13.20
Activation of Set Top card.....	£6.00

Telephone

Monthly Line Rental.....	£4.88
Per minute/ unit to Landline.....	£0.04
Per minute/ unit to Mobile.....	£0.11

Mobile

Sure 25 Package.....	£11.00
Sure 100 Package.....	£22.00
Sure 200 Package.....	£33.00
Sure 400 Package.....	£55.00

ALL SURE PRICES LISTED ARE INCLUSIVE OF THE 10% SHG SERVICE TAX

Customer Service Centre

Driving License.....	£13.50
Vehicle Registration	
Car.....	£47.50
Other	Various
(depends on weight and number of seats)	
Pet License	
Dog License (Cut)	£6.80
Dog License (Uncut).....	£31.00
Cat License (Cut).....	£0.00
Cat License (Uncut).....	£0.00

Gun

Dependent on characteristics and capabilities.....

Registering Birth or Death.....	£0.00
Marriage Certificate.....	£6.50
Passport (adult)	£60.00
Plus Handling Charge	£18.80
Passport (child).....	£30.00