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NEW ARRIVALS



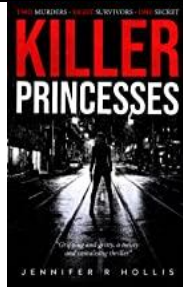
Three Hours by Rosamund Lupton

Three hours to save the people you love

In rural Somerset in the middle of a blizzard, the unthinkable happens: a school is under siege.

Pupils and teachers barricade themselves into classrooms, the library, the theatre. The headmaster lies wounded in the library, unable to help his trapped students and staff. Outside, a police psychiatrist must identify the gunmen, while parents gather desperate for news.

In three intense hours, all must find the courage to stand up to evil and save the people they love.



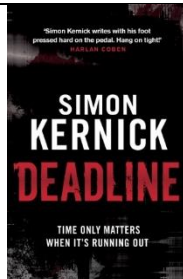
Killer Princesses by Jennifer R Hollis

All of them have secrets. Only one of them is murder.

On a hot summer's evening, two women are shot dead in cold blood.

There's more to their South London suburb and supermarket jobs than meets the eye. Before their deaths, the two victims discovered a dark secret about a mysterious local criminal organisation called 'Princesses.'

As the body count rises, the police investigation closes in. Many of the surviving friends and colleagues have something to hide, but only one of them has a secret they were prepared to kill for.



Deadline by Simon Kernick

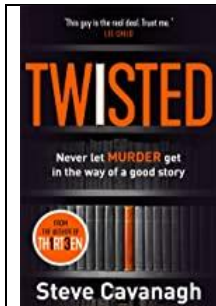
'We've got your daughter.'

It's evening, you're back late from work - and the house is in darkness.

You step inside, and the phone rings. You answer it - and your world is turned upside down.

Your fourteen-year-old daughter's been taken, and her kidnappers demand half a million pounds in cash. They give you 48 hours to raise the money. If you call the police, she will die.

As the nightmare unravels, you can be certain of only two things: that you will do anything to get your daughter back alive - and that time is running out.



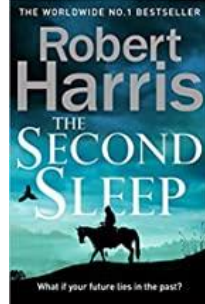
Twisted by Steve Cavanagh

Before you read this book

I want you to know three things:

1. The police are looking to charge me with murder.
2. No one knows who I am. Or how I did it.
3. If you think you've found me. I'm coming for you next.

After you've read this book, you'll know: the truth is far more twisted.



The Second Sleep by Robert Harris

Dusk is gathering as a young priest, Christopher Fairfax, rides across a silent land.

It's a crime to be out after dark, and Fairfax knows he must arrive at his destination - a remote village in the wilds of Exmoor - before night falls and curfew is imposed.

He's lost and he's becoming anxious as he slowly picks his way across a countryside strewn with the ancient artefacts of a civilisation that seems to have ended in cataclysm.

What Fairfax cannot know is that, in the days and weeks to come, everything he believes in will be tested to destruction, as he uncovers a secret that is as dangerous as it is terrifying.



Keep Her Quiet by Emma Curtis

Jenny has just given birth to the baby she's always wanted. She's never been this happy.

Her husband, Leo, knows this baby girl can't be his. He's never felt so betrayed.

The same night, a vulnerable young woman, Hannah, wakes to find her newborn lifeless beside her. She's crazed with grief.

When chance throws Hannah into Leo's path, they make a plan that will have shattering consequences for all of them.

Years later, a sixteen-year-old girl reads an article in a newspaper, and embarks on a journey to uncover the truth about herself. But what she learns will put everything she has ever known and her own life in grave danger. Because some people will go to desperate lengths to protect the secrets their lives are built on.

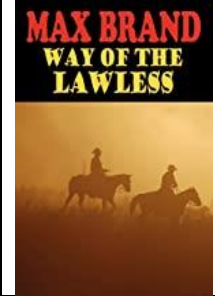

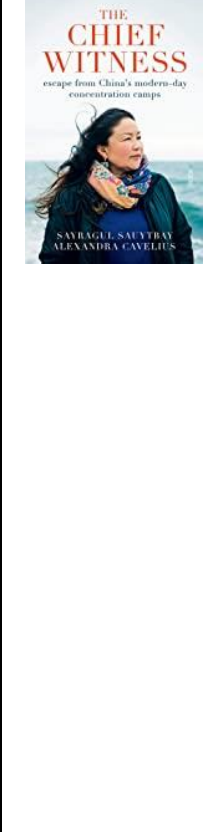


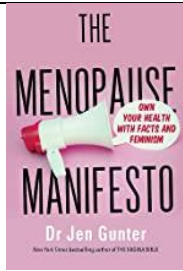
The Sword Shannara by Terry Brooks

Long ago, the world of the Four Lands was torn apart by the wars of ancient Evil. But in the Vale, the half-human, half-elfin Shea Ohmsford now lives in peace - until the mysterious, forbidding figure of the druid Allanon appears, to reveal that the supposedly long dead Warlock Lord lives again.

Shea must embark upon the elemental quest to find the only weapon powerful enough to keep the creatures of darkness at bay: the fabled Sword of Shannara.

	<p><u>The Wishsong of Shannara by Terry Brooks</u></p> <p>Horror stalks the Four Lands. The Ildatch, ancient source of evil, has stirred to life. It sends its foul Mord Wraiths to make war on all living things and bring about, at last, Mankind's destruction. Once again Allanon, Druid Protector of the Races, must seek the help of a descendant of the Elven King, Jerle Shannara. Brin, daughter of Wil Ohmsford, has been born with the magic of the Wishsong, which alone can open a way to the Ildatch. Reluctantly, she joins Allanon on his perilous journey east. Meanwhile her younger brother, Jair, learns that Brin will fail and die unless he can reach her in time. As Brin walks blindly into the trap the Ildatch has set, Jair's only hope of reaching her in time is to travel through the very heart of evil.</p>
	<p><u>As High As the Heavens by Kathleen Morgan</u></p> <p>It is 1568 and Mary, Queen of Scots, is imprisoned in Lochleven Castle. But her supporters, including noblewoman Heather Gordon, are planning a rescue. Heather travels to a cottage in the frigid Highlands to teach a simple man who just happens to resemble someone with access to Lochleven how to act the part of a nobleman in order to gain entry to the castle. But in the close quarters of the cottage there is more stirring than political rebellion. A suspenseful story of deceit and betrayal, love and secrets, As High as the Heavens will capture readers' hearts.</p>
	<p><u>A Cornish Summer by Catherine Alliott</u></p> <p>Flora's been in love with her husband for twenty years. The trouble is, he's been married to someone else for the past fifteen. A summer on Cornwall's sandy beaches sounds like the perfect getaway. Except Flora finds she'll be spending it with her former scheming mother-in-law, ex-husband and his new wife. Can she survive the summer playing happy families? Could a holiday romance help her finally get her over him? And will stumbling on the family secret change her mind about them all?</p>
	<p><u>The Model Wife by Julia Llewellyn</u></p> <p>Your Husband's happiness is your happiness. Should you be his second wife, make friends with His first wife otherwise she'll destroy you. Never ask Him when He'll be home. Never ask Him where He's been. Twenty something Poppy became a cliché when an accidental pregnancy presented her with a forty-nine year-old husband. But Luke Norton isn't any old husband – he's the anchorman for television's Seven O'Clock News and his ruggedly handsome face is beloved by the nation. Life isn't coming up roses thanks to the first Mrs Norton's popular column, My Husband, The Bimbo and Me. Luke's having a midlife crisis and going AWOL, his former lovers are circling like sharks and Poppy's left holding the baby, her once glitzy modelling career a horribly dim memory. It's time for her to fight back and show the world exactly what she's made of.</p>

	<p><u>Way of the Lawless, The Unabridged Western Classic by Max Brand</u></p> <p>A tough lawman is tracking outlaw Andrew Lanning. But the man he believes to be a cold-hearted killer may well have either been framed, or the helpless victim of a miscarriage of justice. Luckily, a beautiful woman steps forward to defend him.</p>
<p>Jacky Newcomb</p> 	<p><u>Angel Kids by Jacky Newcomb</u></p> <p>This delightful book reveals the amazing encounters that children have with their guardian angels and loved ones on the Other Side, as well as fascinating insights into the lives of psychic children and the parents who have to cope with this phenomenon.</p> <p>As you read, you'll discover:</p> <ul style="list-style-type: none"> • Grandparents who regularly visit their grandkids from the Other Side! • Kids with extraordinary abilities, including mind-reading and the power to move objects with their thoughts alone. • Young children who remember a life before they were born. • The mother who lost a son who was later reborn as her grandson. • The thousands of brilliant children whom the authorities have labelled as "learning disabled." <p>Thousands of children the world over are being born with enhanced sixth-sense abilities. Psychic kids are the new "normal"!</p>
	<p><u>The Chief Witness by Sayragul Sauytbay</u></p> <p>A shocking depiction of one of the world's most ruthless regimes and the story of one woman's fight to survive.</p> <p>I will never forget the camp. I cannot forget the eyes of the prisoners, expecting me to do something for them. They are innocent. I have to tell their story, to tell about the darkness they are in. It is so easy to suffocate us with the demons of powerlessness, shame, and guilt. But we aren't the ones who should feel ashamed.</p> <p>Born in China's north-western province, Sayragul Sauytbay trained as a doctor before being appointed a senior civil servant. But her life was upended when the Chinese authorities incarcerated her. Her crime: being Kazakh, one of China's ethnic minorities.</p> <p>The north-western province borders the largest number of foreign nations and is the point in China that is the closest to Europe. In recent years it has become home to over 1,200 penal camps modern-day gulags that are estimated to house three million members of the Kazakh and Uyghur minorities. Imprisoned solely due to their ethnicity, inmates are subjected to relentless punishment and torture, including being beaten, raped, and used as subjects for medical experiments. The camps represent the greatest systematic incarceration of an entire people since the Third Reich.</p>



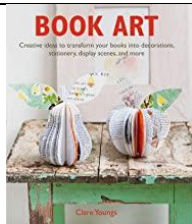
The Menopause Manifesto by Dr Jen Gunter

In The Menopause Manifesto internationally renowned, New York Times bestselling author Dr Jen Gunter brings you empowerment through knowledge by countering stubborn myths and misunderstandings about menopause with hard facts, real science, fascinating historical perspective and expert advice.

The only thing predictable about menopause is its unpredictability. Factor in widespread misinformation, a lack of research, and the culture of shame around women's bodies, and it's no wonder women are unsure what to expect during the menopause transition and beyond. Menopause is not a disease - it's a planned change, like puberty. And just like puberty, we should be educated on what's to come years in advance, rather than the current practice of leaving people on their own with bothersome symptoms and too much conflicting information. Knowing what is happening, why and what to do about it is both empowering and reassuring.

Frank and funny, Dr Jen debunks misogynistic attitudes and challenges the over-mystification of menopause to reveal everything you really need to know about:

- * Perimenopause
- * Hot flashes
- * Sleep disruption
- * Sex and libido
- * Depression and mood changes
- * Skin and hair issues
- * Outdated therapies
- * Breast health
- * Weight and muscle mass
- * Health maintenance screening
- * And much more

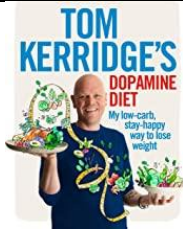


Book Art by Clare Youngs

Book Art has 35 innovative designs to repurpose your books into something attractive and inspiring.

Do you have a shelf of old books that you love, but rarely touch? Well why not give them a new lease of life and use them to create one of the 35 beautiful projects Clare Youngs has developed? You will discover ways to make greetings cards, stationery, animals, display scenes and more using pages from all kinds of different books. The beautiful typography and vintage-style artworks found in old books will add interesting colour, pattern and texture to designs such as the owl and pussycat pop-up scene. The illustrations in children's books give a charming feel to papier-mâché dolls and a stand-up lion to decorate a kid's room, while maps and atlases work well on notebooks or birthday cards. Use elegant images from interiors books to decorate a wardrobe or cut away at a hardback book to make displays like the winter village scene. Each project has easy-to-follow instructions and step-by-step artworks. There's also a helpful techniques section at the back that will be of real use to first-time crafters, as well as a templates section.



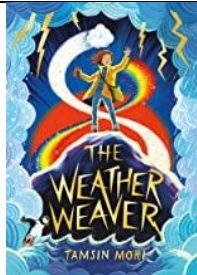


Tom Kerridge's Dopamine Diet

Thanks to his Dopamine Diet, Michelin-starred chef Tom Kerridge has shed eleven stone over the past three years. That's the same as 70 bags of sugar. If you're struggling with your weight and need to shift unhealthy pounds, this new approach makes it easy, and is guaranteed to make you feel happier in the process.

Most people find it hard to keep to a long-term diet, but this one is different. The recipes feature ingredients that trigger the release of the 'happy hormone' dopamine in your brain, so it's a diet that will make you feel good! Tom's 'dopamine heroes' include dairy products such as double cream and yoghurt, good-quality meats including beef, chicken and turkey, and even chocolate. By ditching alcohol and starchy carbs in favour of plenty of protein, fresh fruit and veg, you will be eating meals that will help you shed the weight, whilst offering a satisfying intensity of flavour.

Treats in store for Dopamine Dieters include spinach, bacon and mint soup; roasted onion salad with fried halloumi; shepherd's pie with creamy cauliflower topping; soy glazed cod with chilli, garlic and ginger; braised beef with horseradish; Chinese pork hot pot; and chocolate mousse with sesame almond biscuits. These are recipes that don't feel like diet food, and can be shared with friends and family. It worked for Tom and it can work for you. Give it a go! And lose weight the Dopamine Diet way.

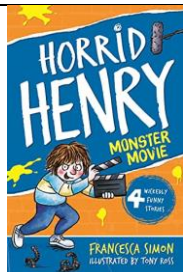


The Weather Weaver by Tamsin Mori

What if you could befriend a cloud? What weather would you choose?

What if the weather matched itself to your mood, whether you wanted it to, or not?

11-year-old Stella has returned home to Shetland to spend the summer with her Grandpa, but it's nothing like she remembers. Grandpa is lost in his grief for Gran, the island is bleak and Stella feels trapped, until she encounters an old woman, Tamar, who can spin rainbows and call hurricanes. With the help of Nimbus, a feisty young storm cloud, Stella begins to learn the craft of weather weaving. But when her cloud brain-fogs Grandpa and The Haken (a sea witch) starts to close in, she realises that magic comes with big responsibilities. It will take all her heart and courage to face the coming storm.



Horrid Henry Monster Movie by Francesca Simon

This book contains a scary movie, a wet weekend, a grumpy card game and the Olympics!

Four utterly hilarious and totally brilliant Horrid Henry stories by Francesca Simon, with illustrations by Tony Ross. An irresistible introduction to reading for pleasure.



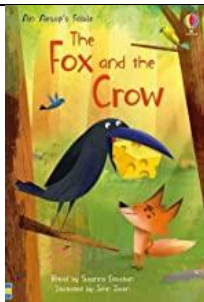
Aru Shah and the End of Time by Rick Riordan

Named one of 100 Best Fantasy Books of All Time by Time magazine!

Twelve-year-old Aru Shah has a tendency to stretch the truth in order to fit in at school. While her classmates are jetting off to family vacations in exotic locales, she'll be spending her autumn break at home, in the Museum of Ancient Indian Art and Culture, waiting for her mom to return from her latest archaeological trip. Is it any wonder that Aru makes up stories about being royalty, traveling to Paris, and having a chauffeur?

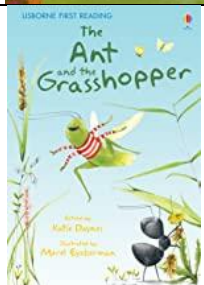
One day, three schoolmates show up at Aru's doorstep to catch her in a lie. They don't believe her claim that the museum's Lamp of Bharata is cursed, and they dare Aru to prove it. Just a quick light, Aru thinks. Then she can get herself out of this mess and never ever fib again.

But lighting the lamp has dire consequences. She unwittingly frees the Sleeper, an ancient demon whose duty it is to awaken the God of Destruction. Her classmates and beloved mother are frozen in time, and it's up to Aru to save them.



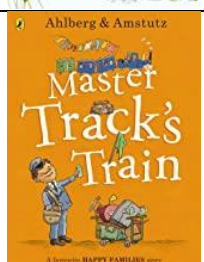
The Fox and the Crow by Mairi Mackinnon

Fox sees some cheese. Fox wants the cheese. There's just one problem - the cheese belongs to Crow. What will Fox do next? Find out in this lively retelling of the classic Aesop's fable, specially written for children who are just learning to read, with charming illustrations by John Joven throughout.



The Ant and the Grasshopper by Katie Daynes

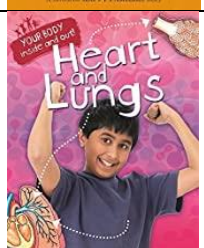
Ant and Grasshopper can't agree over how to spend the summer. Who will be right when winter comes? Part of the Usborne Reading Programme developed with reading experts at the University of Roehampton, specially written for children just starting to read alone.



Master Track's Train by Allan Ahlberg

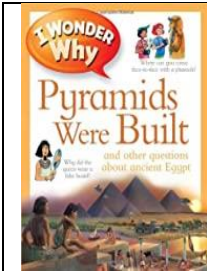
Here is an announcement! The train approaching platform two is full of stolen goods.

Mr Track is the train driver, and Mrs Track is the driver's wife. Toby Track is their little boy and he is exceptionally good at jumping onto stolen trains and rescuing them from crooks!



Heart and Lungs by Andrew Solway

Your body is truly amazing - in this book find out what's going on inside your chest. What do your heart and lungs do? Why does your heart beat? Why do you breathe? And why does your heart thump harder when you exercise? The book is perfect for children aged 7+ who are studying science and the human body.



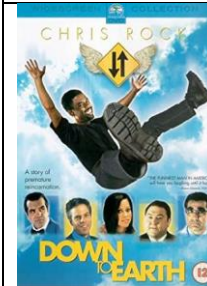
Pyramids Were Built by Philip Steele

Browsers and young students alike will enjoy these lively question and answer books with their unique mix of realistic illustration and engaging cartoons. The enticing questions will amaze, amuse and inspire, while the highly visual format encourages kids to keep reading.



In The Deep Woods (DVD)

Joanna mourns for her friend. She's victim of a serial killer, who's specialised on successful young women. He dumps their bodies in the deep woods without leaving any trace - the police is clueless. Shortly after Joanna is addressed by a man, who says he's private eye Paul and investigates for the parents of another victim. His many weird questions worry Joanna - maybe he's the psychopath? Soon she fears to be in danger herself and looks with suspicion on all her friends and relatives.



Down To Earth (DVD)

Down to Earth, a tepid reworking of Warren Beatty's Heaven Can Wait tries to mould comedian Chris Rock into an amiable romantic lead, but it softens the scathingly observant humour that made Rock a stand-up successor to Richard Pryor. Rock's aggressive style is bracingly expressed in a few good scenes, but through most of this movie--from the directors of American Pie--he struggles with dialogue that would barely pass muster in a low rated sitcom. Edgy potential loses out to crowd-pleasing with the familiar body-switch formula: by way of premature death and bad timing on the part of heaven's Vegas-styled gatekeepers, Rock--as struggling comedian Lance Barton--is reincarnated as a 55-year-old white billionaire with a nasty reputation.

Adjusting (too easily) to his racial transition, Lance charms a hospital administrator who's amazed to see the selfish white billionaire turning into romantic philanthropist. This allows plenty of black/white-contrast jokes and Rock, who co-wrote the screenplay, still manages to work some pointed politics into the movie's good-natured tone. It's guaranteed that some will find Down to Earth quite entertaining, but others will wonder how potent this comedy could have been if Rock had been more willing to confront the harsher truths that lurk beneath the comedy.



28 Days (DVD)

When her alcoholic misdemeanours land her in court on a drunk-driving charge, Gwen Cummings (Sandra Bullock) is sentenced to 28 days in rehab. Arriving at the clinic, Gwen at first resists the discipline and emotional honesty required by her treatment, but she soon forms bonds with the other inmates and builds up the courage to tackle her problem.



Snow White and the Seven Dwarfs (DVD)

Generations have celebrated the magical story, memorable music and unforgettable characters of Walt Disney's Snow White And The Seven Dwarfs. Now, this timeless animated classic sparkles like never before with an all-new, state-of-the-art digital restoration and exciting new bonus features.

The beautiful and kind hearted princess Snow White charms every creature in the kingdom except one her jealous stepmother, the Queen. When the Magic Mirror proclaims Snow White the fairest one of all, she must flee into the forest, where she befriends the lovable seven dwarfs Doc, Sneezy, Grumpy, Happy, Bashful, Sleepy and Dopey. But when the Queen tricks Snow White with an enchanted apple, only the magic of true love's kiss can save her.



Andy's Dinosaur Adventures (DVD)

All 20 episodes from the first series of the children's television series centred around Andy Day, a museum worker who has a passion for dinosaurs. When Andy's clumsiness threatens to jeopardise the future exhibitions of the museum, he realises that he must travel back in time to make sure the dinosaurs are ready for their grand opening.

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