

Janet Lawrence
Health Directorate
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DATE

NAME
ADDRESS

Dear **NAME**

You arrived in St Helena by air on **DATE OF ARRIVAL.**

I am pleased to advise that your test results have been received and you have tested **negative** for COVID-19 at this time.

However please be aware that it is still possible to present with symptoms even after testing negative for COVID-19 on Day 0.

Therefore you are still legally required to complete the 14 day quarantine period in accordance with Regulation 4(1) of the Public Health (Prevention of Formidable Diseases) (Coronavirus No. 2) Regulations, 2020.

You are reminded that a breach or attempted breach of quarantine is a criminal offence.

Please be reminded that you should adhere to hand washing and respiratory etiquette and avoid touching your eyes, mouth and nose. If you feel unwell or present with symptoms of COVID-19 at any point during the quarantine period please notify us immediately by calling the on-call doctor on the hospital number which is 22500.

The Health Directorate would like to thank you for your support and participation in helping to keep the population of St Helena safe.

Yours sincerely,

Janet Lawrence
Interim Director of Health

