

## **Guidance for Proper Officer's Individual's entry into quarantine**

This guidance document is designed to support Proper Officers in directing individuals into quarantine. It is not a script, but it highlights the main points that individuals should be informed about.

Proper Officer should be friendly, personable but still official during the briefings they are giving as Proper Officers.

- Introduce yourself and state that you are a Proper Officer
- In accordance with Regulation 4 (1) of the Public Health (Prevention of Formidable Diseases) (Coronavirus No.2) Regulations 2020, Legal Notice 26 of 2020 you must isolate on entry to St Helena for a period of 14 days after your date of arrival.
- State that it is your role as a Proper Officer to review your circumstances and direct you to an appropriate venue to complete your 14 day period of quarantine.
- Ask the individual if there is any further information that they wish to share with you to inform your decision as to where they should complete their quarantine.
- Based on the information provided to you by the individual and in discussion with the medical practitioner, make a decision as to where the individual should complete their period of quarantine, if this has not been done so already. Record the discussions you had, the factors considered and complete section three of the quarantine entry questionnaire with the medical practitioner.
- Clearly instruct the individual to the selected location of their quarantine period and outline the main requirements to them:
  - This means that you must remain in quarantine in (location) and avoid mixing with the community. You must not have any visitors to (location). You must not leave the boundary of (location).
  - A breach or attempted breach of isolation is a criminal offence contrary to Regulation 8 of the Public Health (Prevention of Formidable Diseases) (Coronavirus No. 2) Regulations, 2020. This could result in a £5,000 fine and/or up to six months imprisonment. If you are aware that you have COVID-19 and you are found guilty of breaching isolation you could spend up to twelve months in prison.
  - The Director of Health will review the need for continuation of your isolation at least every 7 days in accordance with Regulation 7 of the Public Health (Prevention of Formidable Diseases) (Coronavirus No. 2) Regulations, 2020.
  - You will be contacted by a member of the Health Directorate on a daily basis to monitor your condition. You are under no legal obligation to take part in this monitoring process but your assistance would be greatly appreciated so that the Health Directorate can monitor your condition in the interest of public health. It will also give you the

opportunity to seek information and assistance from the Health Directorate and you will hopefully find some helpful and reassuring

- The symptoms of COVID-19 infection include:
  - dry cough
  - fever
  - shortness of breath
  - difficulty breathing
  - other flu like symptoms
- Please be reminded that you should adhere to hand washing and respiratory etiquette and avoid touching your eyes, mouth and nose.
- You will receive a briefing and a leaflet with information on the precautions you need to take during your quarantine period when you get to (location).
- Ask the individual if they understand all of the information they have received and if they have any questions they would like to ask?
- Give them the letter from the Director of Health instructing them to quarantine at (location) for a period of 14 days.
- Thank them for their time and for their commitment in trying to keep the island safe.