

St Helena**Valid** Sunday 18 October 2026 – Wednesday 21 October 2026**Sunday 18 October 2026**

Summary	A windy day for all, especially across high ground, with the strongest winds now expected overnight. Otherwise, likely a similar day to Saturday, with a cloudy start turning brighter from midday. Feeling cool in the east, but likely quite warm in the sunshine in the west. Sea states generally moderate, occasionally rough overnight.
Wind	SE 15-20 gusting 20-25 knots, becoming SE 15-20 gusting 25-30 knots through the day, with isolated gusts of 30-35 knots possible over exposed high ground overnight.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 24C (Jamestown) 21C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Monday 19 October 2026

Summary	Strong winds continue through the morning, before starting to ease from midday. Otherwise, it will likely be another fairly cloudy day for most, with the odd brighter or sunny spell; the best of these in the west. Occasionally rough sea states at first, returning to moderate through the day. Feeling warm in the sun.
Wind	SE 15-20 gusting 25-30 knots, with isolated gusts of 30-35 knots possible over exposed high ground at first. Easing to SE 10-15 gusting 20-25 knots from midday.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 23C (Jamestown) 21C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Tuesday 20 October 2026

Summary	Winds ease further through Tuesday, with patchy cloud and more sunny spells than previously likely leading to quite a warm-feeling day for most. A risk of the odd shower at times, mainly over higher ground overnight. Sea states returning to generally moderate.
Wind	SE 10-15 gusting 20-25 knots, easing to SE 10-15 gusting 15-20 knots through the day.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 20C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Wednesday 21 October 2026

Summary	Likely a cloudy start for most, with isolated showers and plenty of hill fog. Turning brighter as the day goes on, with patchier cloud and plenty of sunny spells.
Wind	SE 10-15 gusting 15-20 knots
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 20C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Swell Forecast

Waves	18/10/26			19/10/26				20/10/26				21/10/26			
	06Z	12Z	18Z	00Z	06Z	12Z	18Z	00Z	06Z	12Z	18Z	00Z	06Z	12Z	18Z
Sig Wave Height (metres)	1.7	1.8	1.9	1.9	1.9	1.9	1.8	1.8	1.8	1.7	1.7	1.6	1.5	1.5	1.4
Swell Direction (from)	SSW	SSW	SSW	SSW	SSW	SSW	S	S	SSE	SSE	ESE	ESE	ESE	ESE	ESE
Swell Height (metres)	1.1	1.2	1.2	1.2	1.2	1.2	1.1	1.1	1.0	1.0	1.0	1.1	1.0	1.1	1.0
Swell Period (seconds)	13	13	13	12	12	12	11	11	11	11	9	9	9	9	9
2nd Swell Direction (from)	ENE	SSE	ESE	E	E	SE	E	E	ESE	SE	SSW	SSW	SSW	SSW	SSW
2nd Swell Height (metres)	0.3	0.4	0.4	0.5	0.6	0.5	0.7	0.7	0.7	0.7	0.8	0.7	0.7	0.7	0.6
2nd Swell Period (seconds)	7	8	8	8	8	9	9	9	10	10	11	11	11	11	11
3rd Swell Direction (from)	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW
3rd Swell Height (metres)	0.1	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.2	0.3	0.3	0.3	0.3	0.3	0.3
3rd Swell Period (seconds)	11	11	11	11	13	14	14	13	13	13	14	14	14	14	14

This information is advisory; users are responsible for verifying current conditions and determining suitability before proceeding. Conditions may vary locally and over time.