

St Helena

Valid Monday 5 October 2026 – Thursday 8 October 2026

Monday 5 October 2026

Summary	A cloudy day with scattered showers, these most likely through the morning and evening, and areas of hill fog. The odd sunny spell at times, most likely in the west. Feeling quite cool in the wind.
Wind	SE 10-15 gusting 20-25 knots.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 19C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status
None

Tuesday 6 October 2026

Summary	Likely a drier and brighter day than Monday, with more frequent sunny spells but still the odd shower at times. Winds are currently looking to be stronger, however, with wave heights increasing; sea states are currently expected to remain moderate, but likely slightly higher than usual.
Wind	SE 15-20 gusting 25-30 knots.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 19C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status
None

Wednesday 7 October 2026

Summary	A similar day to Tuesday, with patchy cloud and sunny spells, and isolated showers mainly overnight. Winds easing slightly through the day, but sea states remaining higher than usual; currently looking to be generally moderate, isolated rough.
Wind	SE 15-20 gusting 25-30 knots, easing to SE 10-15 gusting 20-25 knots from midday.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 19C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Thursday 8 October 2026

Summary	Likely a cloudy start with scattered showers and widespread hill fog, but brightening up from midday with sunny spells forming. Winds likely easing further, feeling warmer than recently in sunny spells. Sea states returning back towards normal as the day goes on.
Wind	SE 10-15 gusting 15-20 knots.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 20C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Swell Forecast

Waves	05/10/26			06/10/26				07/10/26				08/10/26			
	06Z	12Z	18Z	00Z	06Z	12Z	18Z	00Z	06Z	12Z	18Z	00Z	06Z	12Z	18Z
Sig Wave Height (metres)	1.7	1.7	1.7	1.9	2.1	2.2	2.2	2.3	2.3	2.2	2.1	2.0	2.0	2.0	1.8
Swell Direction (from)	SSE	SE	SE	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW
Swell Height (metres)	0.8	0.9	0.7	1.0	1.2	1.3	1.4	1.5	1.5	1.5	1.5	1.4	1.4	1.3	1.3
Swell Period (seconds)	10	9	10	16	15	14	14	14	14	13	13	13	13	12	12
2nd Swell Direction (from)	SE	SSW	S	SSE	SSE	SSE	SE	SE	SSE	SE	SE	SE	SSE	SE	SE
2nd Swell Height (metres)	0.6	0.6	0.6	0.7	0.6	0.8	0.9	0.8	0.8	1.1	1.1	0.8	0.8	0.9	0.9
2nd Swell Period (seconds)	9	11	12	10	9	8	9	10	9	9	9	9	9	9	9
3rd Swell Direction (from)	NNW	SSW	SW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW	NNW
3rd Swell Height (metres)	0.1	0.3	0.5	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2
3rd Swell Period (seconds)	11	15	16	12	12	12	12	12	12	12	12	12	12	11	11

This information is advisory; users are responsible for verifying current conditions and determining suitability before proceeding. Conditions may vary locally and over time.