

St Helena**Valid** Friday 2 October 2026 – Monday 5 October 2026**Friday 2 October 2026**

Summary	Cloud continuing to build, with scattered showers; these most likely in the morning, but a risk throughout the day. Winds continuing to strengthen, with isolated sunny spells. Sea states likely increasing to moderate, higher than recent days.
Wind	SE 15-20 gusting 25-30 knots.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 20C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Saturday 3 October 2026

Summary	A similar day to Friday, but likely with slightly less showers around.
Wind	SE 15-20 gusting 25-30 knots.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 20C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Sunday 4 October 2026

Summary	Scattered showers and sunny spells, and some hill fog over higher ground. Blustery winds continuing but likely slightly lighter than on Saturday.
Wind	SE 10-15 gusting 20-25 knots.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 20C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status

None

Monday 5 October 2026

Summary	A similar day to Sunday, but likely more frequent showers for most. Winds remaining quite blustery.
Wind	SE 10-15 gusting 20-25 knots.
Visibility	30-40 KM, moderate to poor in showers, very poor in hill fog.
Air Temperature	Max: 22C (Jamestown) 20C (elsewhere) Min: 18C (Jamestown) 16C (elsewhere)

Severe Wx Advisory Issued Status
None

Swell Forecast

Waves	02/10/26			03/10/26				04/10/26				05/10/26			
	06Z	12Z	18Z	00Z	06Z	12Z	18Z	00Z	06Z	12Z	18Z	00Z	06Z	12Z	18Z
Sig Wave Height (metres)	1.9	2.0	2.0	2.0	1.9	1.9	1.8	1.8	1.8	1.7	1.6	1.6	1.6	1.6	1.8
Swell Direction (from)	SW	SW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSE	SSE	SSE	SE	SSE
Swell Height (metres)	1.3	1.3	1.3	1.2	1.2	1.1	1.0	1.0	1.0	0.9	1.0	0.9	0.8	0.7	0.7
Swell Period (seconds)	12	12	12	11	11	11	11	11	11	11	10	10	10	10	12
2nd Swell Direction (from)	SSE	SSE	SE	SSE	SE	SSE	SSE	ESE	E	ESE	SE	SE	SSE	S	SSE
2nd Swell Height (metres)	0.3	0.4	0.4	0.4	0.4	0.5	0.5	0.7	0.6	0.7	0.8	0.8	0.7	0.6	0.5
2nd Swell Period (seconds)	7	7	7	7	8	9	9	9	8	9	10	9	10	10	11
3rd Swell Direction (from)	SE	SE	SE	SE	ESE	NNE	NE	N	NW	NNW	NNW	NNW	NNW	SSW	SW
3rd Swell Height (metres)	0.3	0.4	0.3	0.3	0.3	0.3	0.4	0.3	0.2	0.2	0.2	0.2	0.2	0.3	0.4
3rd Swell Period (seconds)	10	10	10	10	9	7	6	10	10	11	11	11	11	14	16

This information is advisory; users are responsible for verifying current conditions and determining suitability before proceeding. Conditions may vary locally and over time.