

St Helena Marine and PWS Forecast valid for Sunday to Wednesday

Issued on Saturday, 04 July 2026 at 14:42 UTC

## Marine Forecast

*\*Marine data is valid for conditions around the Port, this may not be representative of other coastal areas*

Waves	Sun, 05 July				Mon, 06 July				Tue, 07 July				Wed, 08 July		
	0600Z	1200Z	1800Z	2400Z	0600Z	1200Z	1800Z	2400Z	0600Z	1200Z	1800Z	2400Z	0600Z	1200Z	1800Z
<b>Sig wave height (Metres)</b>	1.4	1.4	1.4	1.4	1.4	1.5	1.5	1.4	1.4	1.3	1.3	1.3	1.4	1.6	1.8
<b>Swell Direction (from)</b>	S	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW	SSW
<b>Swell Height (Metres)</b>	0.9	1	1	1.1	1.1	1.2	1.3	1.3	1.2	1.2	1.1	1.1	1.2	1.4	1.5
<b>Swell Period (Seconds)</b>	13	14	14	15	15	14	15	14	14	14	13	13	14	18	17
<b>2<sup>nd</sup> Swell Direction (from)</b>	SE	ESE	ESE	ESE	ESE	ESE	ESE	ESE	ESE	ESE	ESE	ESE	S	SSE	WSW
<b>2<sup>nd</sup> Swell Height (Metres)</b>	0.7	0.6	0.7	0.6	0.6	0.7	0.7	0.6	0.6	0.5	0.5	0.5	0.6	0.5	0.8
<b>2<sup>nd</sup> Swell Period (Seconds)</b>	10	8	8	7	7	7	7	7	7	7	7	7	14	9	13
<b>3<sup>rd</sup> Swell Direction (from)</b>	S	NNW	NNW	WSW	S	WSW	N	NNE	ENE	ENE	SSE	SSW	SE	S	ESE
<b>3<sup>rd</sup> Swell Height (Metres)</b>	0.5	0.2	0.1	0.2	0.3	0.2	0.1	0.1	0.1	0.2	0.2	0.3	0.4	0.4	0.5
<b>3<sup>rd</sup> Swell Period (Seconds)</b>	9	11	12	10	9	10	11	11	11	11	15	18	11	11	7

Issued by Duty Meteorologist

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## PWS Four Day Outlook (valid from tomorrow)

Sunday, 05 July 2026

Summary	A generally overcast day with a low risk of a shower in the morning and evening, a chance of some sunny spells in the afternoon.	
Wind	SE 08-12 gusting 16 KT	
Visibility	30-50 KM. Moderate in showers and very poor in hill fog.	
Temperatures	Max: 21°C (Jamestown), 19°C (elsewhere)	Min: 18 C (Jamestown), 16 C (Elsewhere)
<b>Severe Wx Advisory</b>	<b>None</b>	

Monday, 06 July 2026

Summary	Generally overcast with a low risk of moderate showers until the mid-afternoon then a chance of sunny spells.	
Wind	SE 05-10 gusting 15 KT	
Visibility	30-50 KM. Moderate in showers, Very poor in hill fog.	
Temperatures	Max: 22°C (Jamestown), 20°C (elsewhere).	Min: 18 C (Jamestown), 16 C (Elsewhere)
<b>Severe Wx Advisory</b>	<b>None</b>	

Tuesday, 07 July 2026

Summary	Generally overcast with a risk of slight to moderate showers throughout, turning more unsettled into the evening and overnight.	
Wind	SE 03-08 gusting 14 KT	
Visibility	30-50 KM. Moderate in showers, Very poor in hill fog.	
Temperatures	Max: 23°C (Jamestown), 21°C (elsewhere).	Min: 16 C (Jamestown), 14 C (Elsewhere)
<b>Severe Wx Advisory</b>	<b>None</b>	

Wednesday, 08 July 2026

Summary	Generally overcast with a low risk of slight showers in prone locations. Hill fog is likely.	
Wind	SE 05-08 gusting 16 KT	
Visibility	30-50 KM. Moderate in showers, Very poor in hill fog.	
Temperatures	Max: 23°C (Jamestown), 21°C (elsewhere).	Min: 17 C (Jamestown), 15 C (Elsewhere)
<b>Severe Wx Advisory</b>	<b>None</b>	

*\*Wind speeds and directions can vary widely across the Island.*