Annex F



Health Directorate

STRATEGIC PLAN 2019 –2022

Our Mission is to:

effectively and efficiently deliver within available resources, measurable improvements in the health outcomes of the population and to promote all efforts to achieve a healthy environment for all.

Health Directorate STRATEGIC PLAN 2019-2022

Our Vision is to achieve longer and healthier life at all ages for the people of the island now and in the future

Our Mission is to effectively and efficiently deliver within available resources, measurable improvements in the health outcomes of the population and to promote all efforts to

Our Values: we are committed to ensuring our health services are driven by values that promote:

- safety first;
- effective service delivery;
- a caring and responsive workforce; and
- good governance and leadership

Our Strategic Priorities

Priority 1 - Maintain equitable and proportionate local access to a range of health services in partnership with the community for all and the most vulnerable

Priority 2 - Expand preventative healthcare services and promote healthy lifestyles for everyone

- **Priority 3** Protect the population from clinical, environmental and other health threats and emergencies
- Priority 4 Tackle the high prevalence and incidence of chronic long term conditions among the population (diabetes, hypertension and kidney disease in particular)
- Priority 5 Provide access to specialist and tertiary care in a sustainable and affordable manner

Priority 6 - Ensuring that our existing and emerging health workforce needs are adequately met

Priority 7 - Improve community engagement and patient experience of the local health service

Welcome to the Health Directorate's Strategic plan for 2019-2022

Health is wealth, and wealth can facilitate better health. National economic prosperity is tightly linked to the health status of a nation in terms of having the resources to effectively pay and provide for the healthcare needs of the population and also ensuring that the population live long healthy years in order to contribute to economic development. It is well-known that poverty can and often lead to poor health and poor health can and adversely impact on economic well-being of individuals, families and communities. Better health has been shown to result in increased productivity and social participation throughout an individual's lifetime. Contemporary evidence across nations support the observation that healthier children experience better educational attainment, are more likely to attend school regularly and stay in education longer. This in turn improves their life chances and economic wellbeing as adults. Ill-health can have the double impact of reducing ability to earn income and possibly increase household expenditure significantly. A 'sick nation' is costly to the government, individuals, families and communities.

Our strategic approach to making us 'Altogether Healthier' is to prevent ill-health in this and future generations while ensuring that effective care is available in a sustainable manner when people become unavoidably unwell. This is a tough challenge for a small island nation like ours that is in the twilights of economic growth and highly dependent on financial aid and remittance from the diaspora. The technical capacity and capabilities required to deliver good quality healthcare on the island is limited and the cost of supporting access to specialist secondary and tertiary care is ever-increasing. This makes good health and healthcare even a more critical enabler to socio-economic development in a context where:

- the population is ageing fast and consequently require more healthcare input;
- service provision on the island is limited by available funding, low technology base, as well as the availability of required expertise;
- cost of care is ever-increasing due to inflation locally and overseas, high disease burden and the advent of new/expensive technologies;
- prevalence of long-term conditions is very high ~25% of the population have been diagnosed with diabetes, ~30% with hypertension, and more than 70% of adults and 40% of children experience excess body weight with attendant risks to long term health and outcomes not optimal; and the
- prevalence of lifestyle and behavioural risk factors is high with 24% of teenagers and 20% of women in the reproductive age smoking regularly at significant risks to their health.

Plainly, it makes sense to invest in health and appropriate healthcare technologies, preventive services and treatments that can help reduce the lifetime cost of treatments and reduce levels of avoidable illnesses in the community. To that end over the next 3 years, we will continue to build on recent improvements in preventive care, health promotion, chronic disease management, increased community engagement and a better clinical governance framework. Our strategic intent is to continuously improve the health status and outcomes for current and future generations by:

- Strengthening the delivery of effective and efficient services on the island;
- Implementing an effective Prevention and Health Promotion service; and
- Protecting the population from identifiable threats and hazards to health and ensuring a healthy environment.

We will maintain current core services while taking every opportunity to support people to adopt healthier lifestyles, quit smoking, stop harmful alcohol use, maintain a healthy weight, and bring more care back to the island as safely as possible in order to reduce overall cost. We will partner with the community, our resident staff and overseas partners to achieve the best outcomes possible within available resources.

Dr Akeem Ali, Director of Health

STRATEGIC PLAN 2019-2022

OVERARCHING GOAL

Altogether Wealthier

OVERARCHING STRATEGIC OBJECTIVE

2.1 Improve the health of the community

Directorate Strategic Priority 1 – Maintain equitable and proportionate local access to a range of health services in partnership with the community for all and the most vulnerable

What is our target? (A target is an objective or result towards which efforts are directed)

Year 1	Year 2	Year 3
 Maintain access at 3 outpatient 	 Maintain access at 3 outpatient 	 Maintain access at 3 outpatient
consultations/person/year for	consultations/person/year for	consultations/person/year for the
the general population	the general population	general population
 Maintain service readiness for 	 Maintain service readiness for 	 Maintain service readiness for
hospital occupancy rate of 50%	hospital occupancy rate of 50%	hospital occupancy rate of 50%
 Reduce the backlog of patients 	 Reduce the backlog of patients 	 Reduce the backlog of patients
awaiting dentures by 80%	awaiting dentures to 0	awaiting dentures to 0
• Achieve 70% annual health check	• Achieve 90% annual health check	 Achieve 90% annual health check
coverage for people with	coverage for people with	coverage for people with
disabilities	disabilities	disabilities
• Waiting times for elective surgery	• Waiting times for elective surgery	 Waiting times for elective surgery
maintained at less than 4 weeks	maintained at less than 4 weeks	maintained at less than 4 weeks
 Waiting time for regular 	 Waiting time for regular 	 Waiting time for regular
outpatient appointments	outpatient appointments	outpatient appointments
maintained at less than 2 weeks	maintained at less than 2 weeks	maintained at less than 2 weeks
• Tracer drugs available 90% of the	• Tracer drugs available 90% of the	 Tracer drugs available 90% of the
time all year round	time all year round	time all year round
 Essential laboratory diagnostic 	 Essential laboratory diagnostic 	 Essential laboratory diagnostic
tests available 90% of the time all	tests available 90% of the time all	tests available 90% of the time all
year round	year round	year round
 Nurse Triage and Doctor on-call 	 Nurse Triage and Doctor on-call 	 Nurse Triage and Doctor on-call
24/7 all year round	24/7 all year round	24/7 all year round

Year 1	Year 2	Year 3
 Maintain weekly access to 	 Maintain weekly access to 	 Maintain weekly access to
outpatient clinics at 3x	outpatient clinics at 3x	outpatient clinics at 3x
community clinics	community clinics	community clinics
 Maintain daily access to 	 Maintain daily access to 	 Maintain daily access to
outpatient clinics at 3x	outpatient clinics at 3x	outpatient clinics at 3x
community clinics Jamestown	community clinics Jamestown	community clinics Jamestown
 Establish annual health check 	 Expand annual health check 	 Fully embed annual health check
programmes for people with	programmes for people with	programmes for people with
disabilities	disabilities	disabilities
 Maintain weekly clinical review 	 Maintain weekly clinical review 	 Maintain weekly clinical review
sessions at social care residential	sessions at social care residential	sessions at social care residential
facilities	facilities	facilities

 Define the list of 'tracer drugs' and monitor stock-outs Define the list of 'essential laboratory tests' and monitor service readiness and availability Identify and recruit visiting specialists for prioritised clinical areas Identify and recruit medical engineering service company and establish a routine maintenance programme Conduct affordability survey for service user fees Explore alternative healthcare financing to ensure high affordability across the population as indicated Explore and identify opportunities for partnerships to deliver specialist care on the island using more visiting specialists Each service lead to create and implement operational plans to meet targets 	of 'tracer drugs' Monitor and report on service readiness for 'essential laboratory tests' Identify and recruit visiting specialists for prioritised clinical areas Implement service maintenance schedule for all equipment Commence implementation of recommendations on alternative healthcare financing	 Monitor and report on availability of 'tracer drugs' Monitor and report on service readiness for 'essential laboratory tests' Identify and recruit visiting specialists for prioritised clinical areas Implement service maintenance schedule for all equipment Monitor and report on the impact of alternative healthcare financing system if introduced Each service lead to create and implement operational plans to meet targets
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What are the intended outcomes from each of these actions? (An outcome is the consequence/change or difference resulting from the action)

Year 1	Year 2	Year 3
 Access to defined essential services maintained No undue delay in access to planned services 24/7 access to appropriate emergency care 	 Access to defined essential services maintained No undue delay in access to planned services 24/7 access to appropriate emergency care 	 Access to defined essential services maintained No undue delay in access to planned services 24/7 access to appropriate emergency care

STRATEGIC PLAN 2019-2022

OVERARCHING GOAL

Altogether Wealthier

OVERARCHING STRATEGIC OBJECTIVE

2.1 Improve the health of the community

Directorate Strategic Priority 2 – Expand preventative healthcare services and promote healthy lifestyles for everyone

What is our target?

Year 1	Year 2	Year 3
Offer brief intervention to 60% of	Offer brief intervention to 80% of	 Offer brief intervention to >80%
outpatients who are smokers	outpatients who are smokers	of outpatients who are smokers
 Recruit 50% of smokers (~400) 	 Recruit 70% of smokers (~400) 	 Recruit >70% of smokers (~400)
into a smoking cessation	into a smoking cessation	into a smoking cessation
programme	programme	programme
 Achieve 50% quit rate at 13 	 Achieve 60% quit rate at 13 	 Achieve >60% quit rate at 13
weeks among smoking cessation	weeks among smoking cessation	weeks among smoking cessation
clients	clients	clients
Offer brief intervention to 60% of	• Offer brief intervention to 75% of	 Offer brief intervention to >75%
outpatients with high BMI	outpatients with high BMI	of outpatients with high BMI
 50% of eligible patients with high 	 70% of eligible patients with high 	 >70% of eligible patients with
BMI referred to structured	BMI referred to structured	high BMI referred to structured
weight management intervention	weight management intervention	weight management intervention
 50% of patients referred to 	 60% of patients referred to 	 >60% of patients referred to
structured intervention fully	structured intervention fully	structured intervention fully
participate and complete	participate and complete	participate and complete
programme	programme	programme
 Undertake AUDIT-C assessment 	 Undertake AUDIT-C assessment 	 Undertake AUDIT-C assessment
for harmful alcohol use for 100%	for harmful alcohol use for 100%	for harmful alcohol use for 100%
of adult outpatient clients	of new adult outpatient clients	of new adult outpatient clients
 Establish brief intervention 	 Establish brief intervention 	 Establish brief intervention
programme for harmful alcohol	programme for harmful alcohol	programme for harmful alcohol
use	use	use
 100% of school children have 	 100% of school children have 	 100% of school children have
annual weight screening	annual weight screening	annual weight screening
completed	completed	completed
 60% Saints Together brand 	 60% Saints Together brand 	 >60% Saints Together brand
recognition amongst the	recognition amongst the	recognition amongst the
population	population	population
 50% of SHG workforce 		 >70% of SHG workforce
participating in the workforce	participating in the workforce	participating in the workforce
wellbeing programme	wellbeing programme	wellbeing programme
 15% increase in sales of Low 	 25% increase in sales of Low 	 >25% increase in sales of Low
Sugar carbonated drinks from	Sugar carbonated drinks from	Sugar carbonated drinks from

 baseline 20% increase in sales of Sugar- Free carbonated drinks from baseline 	baseline 30% increase in sales of Sugar- Free carbonated drinks from baseline	baseline >30% increase in sales of Sugar- Free carbonated drinks from baseline

What actions are needed to achieve that target?

Year 1	Year 2	Year 3
 Establish a 'smoking cessation system' within the health service Establish a Tier 2 weight management service Establish an alcohol harm reduction programme within the health service Train relevant staff in brief 	 Maintain an effective 'smoking cessation system' within the health service Maintain a Tier 2 weight management service Maintain an alcohol harm reduction programme within the health service Train relevant staff in brief intervention, smoking cessation support and other motivational interviewing technique Conduct quarterly audit of preventive service delivery in 	 Maintain an effective 'smoking cessation system' within the health service Maintain a Tier 2 weight management service Maintain an alcohol harm reduction programme within the health service Train relevant staff in brief intervention, smoking cessation support and other motivational interviewing technique Conduct quarterly audit of preventive service delivery in
 Implement all elements of the Health Promotion Strategy Evaluate current social marketing programme 	 clinical consultations Review the Health Promotion Strategy and make necessary changes to planned approach 	clinical consultations Implement Revised Health Promotion Strategy

Year 1	Year 2	Year 3
 Reduced prevalence of smoking by up to 10% from baseline Reduce prevalence of overweight and obesity among young people by up to 10% from baseline Reduce prevalence of obesity among adults by up to 5% Reduce prevalence of harmful alcohol use by 10% from baseline 	 by up to 10% from baseline Reduce prevalence of overweight and obesity among young people by up to 10% from baseline 	 Reduced prevalence of smoking by up to 10% from baseline Reduce prevalence of overweight and obesity among young people by up to 10% from baseline Reduce prevalence of obesity among adults by up to 5% Reduce prevalence of harmful alcohol use by 10% from baseline

STRATEGIC PLAN 2019-2022

OVERARCHING GOAL

Altogether Wealthier

OVERARCHING STRATEGIC OBJECTIVE

2.1 Improve the health of the community

Directorate Strategic Priority 3 – Protect the population from clinical, environmental and other health threats and emergencies

What is our target?

Year 1	Year 2	Year 3
 Establish an audit programme 	 Implement annual clinical audit 	 Implement annual clinical audit
within the clinical governance	programme	programme
system	 Monitor and report on incident 	 Monitor and report on incident
 Prioritise the implementation of 	management and lesson-learning	management and lesson-learning
teaching, learning and clinical	 Collate and report operational 	 Collate and report operational
audits for all practitioners	data, disease surveillance and	data, disease surveillance and
including doctors, nurses and	population health vital statistics	population health vital statistics
other allied professionals	routinely	routinely
 Systematic implementation of 	 Maintain food and water 	 Maintain food and water
lesson-learning events include	laboratory service and	laboratory service and
Serious Untoward Incidents,	accreditation	accreditation
Significant Adverse Events, Case,	 Conduct incident preparedness 	 Conduct incident preparedness

nd Mortality and Morbidity eviews	planning and exercise such plans annually	planning and exercise such plans annually
	1	,
		Train all relevant staff regarding
ollection system (PatientSource)	major incident management	major incident management
uitable for the island		
opulation health needs		
ssessment for the island		
ollate and report operational		
ata and population health vital		
tatistics routinely		
stablish routine disease		
urveillance and data analytics		
ecruit specialist environmental		
ealth workforce to support local		
eam		
1aintain food and water		
boratory service and		
ccreditation		
onduct incident preparedness		
lanning and exercise such plans		
nnually		
rain all relevant staff regarding		
0 0		
ollate and report operational ata and population health vital tatistics routinely stablish routine disease urveillance and data analytics ecruit specialist environmental ealth workforce to support local eam Maintain food and water aboratory service and ccreditation onduct incident preparedness lanning and exercise such plans		

Year 1	Year 2	Year 3
 Reduction in the number of reported clinical errors 	 Reduction in the number of reported clinical errors 	 Reduction in the number of reported clinical errors
 Improved clinical outcomes 		 Improved clinical outcomes
 Reduced complication rate 	 Reduced complication rate 	 Reduced complication rate
 Readiness and effective response to health threats and incidents 	Readiness and effective response to health threats and incidents	Readiness and effective response to health threats and incidents

STRATEGIC PLAN 2019-2022

OVERARCHING GOAL

Altogether Wealthier

OVERARCHING STRATEGIC OBJECTIVE

2.1 Improve the health of the community

Directorate Strategic Priority 4 – Tackle the high prevalence and incidence of chronic long term conditions among the population (diabetes, hypertension and kidney disease in particular)

What is our target?

kidney disease on the island	
 Train relevant practitioners and 	
establish standards and protocols	
for care	

Year 1	Year 2	Year 3
 Reduced complication rate from	 Reduced complication rate from	 Reduced complication rate from
chronic diseases – diabetes and	chronic diseases – diabetes and	chronic diseases – diabetes and
hypertension in particular	hypertension in particular	hypertension in particular

STRATEGIC PLAN 2019-2022

OVERARCHING GOAL

Altogether Wealthier

OVERARCHING STRATEGIC OBJECTIVE

2.1 Improve the health of the community

Directorate Strategic Priority 5 - Provide access to specialist and tertiary care in a

sustainable and affordable manner

What is our target?

Year 1	Year 2	Year 3
 Reduce waiting times for urgent overseas referral to ≤3 months 	 Reduce waiting times for urgent overseas referral to ≤3 months 	 Reduce waiting times for urgent overseas referral to ≤3 months
 Reduce average cost of overseas 	 Reduce average cost of overseas 	 Reduce average cost of overseas
treatment per patient by up to	treatment per patient by up to	treatment per patient by up to
5%	5%	5%
 Maintain comparative good 	 Maintain comparative good 	 Maintain comparative good
outcomes after overseas	outcomes after overseas	outcomes after overseas
treatment	treatment	treatment
 Conduct annual 'Value For 	Conduct annual 'Value For	Conduct annual 'Value For
Money' Review of Overseas	Money' Review of Overseas	Money' Review of Overseas
Referrals	Referrals	Referrals

Year 1	Year 2	Year 3
Collect and analyse data on costs, outcomes and patient experience Undertake robust estimate of funding needs for overseas and specialist treatment off-island Identify and implement opportunities to reduce avoidable cost of overseas treatment Negotiate favourable pricing arrangements with overseas clinicians and medical facilities Review contracting arrangements for overseas treatment to achieve further cost reduction through negotiated agreements Explore and identify other locations for overseas referral with potential for reduced cost (in light of expected reviews of air	 Collect and analyse data on costs, outcomes and patient experience Undertake robust estimate of funding needs for overseas and specialist treatment off-island Fully implement all identified opportunities to reduce avoidable cost of overseas treatment Negotiate favourable pricing arrangements with overseas clinicians and medical facilities Implement contract review recommendations Implement any newly identified overseas referral arrangements that is supported 	 Collect and analyse data on costs, outcomes and patient experience Undertake robust estimate of funding needs for overseas and specialist treatment off-island Fully implement all identified opportunities to reduce avoidable cost of overseas treatment Negotiate favourable pricing arrangements with overseas clinicians and medical facilities

Year 1	Year 2	Year 3
 Reduced case fatality rate among	 Reduced case fatality rate among	 Reduced case fatality rate among
patients requiring	patients requiring	patients requiring
specialist/tertiary care that is not	specialist/tertiary care that is not	specialist/tertiary care that is not
available on the island	available on the island	available on the island

STRATEGIC PLAN 2019-2022

OVERARCHING GOAL

Altogether Wealthier

OVERARCHING STRATEGIC OBJECTIVE

2.1 Improve the health of the community

Directorate Strategic Priority 6 – Ensuring that our existing and emerging health

workforce needs are adequately met

What is our target?

Year 1	Year 2	Year 3
 Defined essential clinical 	 Defined essential clinical 	 Defined essential clinical
positions filled all year round	positions filled all year round	positions filled all year round
 Planned transition arrangements 	 Planned transition arrangements 	 Planned transition arrangements
in place for 100% of incumbent	in place for 100% of incumbent	in place for 100% of incumbent
TC posts	TC posts	TC posts
 Succession plans in place for all nursing, laboratory and environmental health posts 100% of identified competency gaps have intervention plans in place All staff complete annual appraisal 	 Succession plans in place for all nursing, laboratory and environmental health posts 100% of identified competency gaps have intervention plans in place All staff complete annual appraisal 	 Succession plans in place for all nursing, laboratory and environmental health posts 100% of identified competency gaps have intervention plans in place All staff complete annual appraisal
• 100% of staff have personal	 100% of staff have personal 	 100% of staff have personal
development plan in place	development plan in place	development plan in place
 All service posts that Saints are 	All service posts that Saints are	All service posts that Saints are
willing to undertake overseas	willing to undertake overseas	willing to undertake overseas
training to fill are identified and	training to fill are identified and	training to fill are identified and
included in SHG's corporate	included in SHG's corporate	included in SHG's corporate
training development plans	training development plans	training development plans

Year 1	Year 2	Year 3
 Establish an annual continuous professional development programme (CPD) for all staff cadres to strengthen local expertise and reduce reliance on 	 Implement annual CPD programme plan Identify and support local staff for long term skills and capability training 	 Implement annual CPD programme plan Identify and support local staff for long term skills and capability training
 expatriate staff where practicable Identify and support local staff for long term skills and capability training Identify potential partnerships with tertiary health professional training institutions across the 	 Implement partnership arrangements for recruiting specialist staff Implement partnership arrangements for training staff Undertake regular competency review and update skills 	 Implement partnership arrangements for recruiting specialist staff Implement partnership arrangements for training staff Undertake regular competency review and update skills
 world Identify and establish funding requirements for long-term workforce development Support current staff undergoing 	 Undertake annual staff appraisal Implement plans regarding professional networking for lone professionals working on the island for supervision and 	 Undertake annual staff appraisal Implement plans regarding professional networking for lone professionals working on the island for supervision and

degree training to complete successfully	professional development	professional development
 Undertake regular competency review and update skills 		
 Identify and develop professional network links for lone professionals working on the island for supervision and 		
 professional development Strengthen CPD programme and participation for all practitioners working in the directorate 		
 Explore, identify and establish operational links with tertiary health professional training 		
institutions across the world to supply specialists and trained personnel to the island		
 Undertake annual staff appraisal 		

Year 1	Year 2	Year 3
 Staff competency assured and	 Staff competency assured and	 Staff competency assured and
maintained Service readiness maintained	maintained Service readiness maintained	maintained Service readiness maintained
through adequate workforce	through adequate workforce	through adequate workforce

STRATEGIC PLAN 2019-2022

OVERARCHING STRATEGIC OBJECTIVE

2.1 Improve the health of the community

Directorate Strategic Priority 7 – Improve community engagement and patient

experience of the local health service

What is our target?

Year 1	Year 2	Year 3
 100% of service sections systematically collect patient feedback through an auditable system Patient complaints are reviewed and responded to within the agreed timeline All patients with mental health needs have a care plan that they agreed to in place All patients receiving palliative care have a care plan that they agreed to in place 	 100% of service sections systematically collect patient feedback through an auditable system Patient complaints are reviewed and responded to within the agreed timeline All patients with mental health needs have a care plan that they agreed to in place All patients receiving palliative care have a care plan that they agreed to in place Evidence of community participation in the development of the next strategic plan documented 	 100% of service sections systematically collect patient feedback through an auditable system Patient complaints are reviewed and responded to within the agreed timeline All patients with mental health needs have a care plan that they agreed to in place All patients receiving palliative care have a care plan that they agreed to in place

What actions are needed to achieve that target?

Year 1	Year 2	Year 3
 Maintain and report on patient	 Maintain and report on patient	 Maintain and report on patient
feedback, complaints,	feedback, complaints,	feedback, complaints,
compliments and incidents Open public health committee	compliments and incidents Open public health committee	compliments and incidents Open public health committee
sessions for community to	sessions for community to	sessions for community to
participate fully Facilitate community group and	participate fully Facilitate community group and	participate fully Facilitate community group and
advocacy using established	advocacy using established	advocacy using established
channels and new ones	channels and new ones	channels and new ones

Year 1	Year 2	Year 3
 Improved client and patient	 Improved client and patient	 Improved client and patient
satisfaction	satisfaction	satisfaction

Health Directorate STRATEGIC PLAN 2019-2022

DIRECTORATE VALUES

Safe care at all times

• By safe, we mean that people are protected from abuse and avoidable harm

Effective use of resources for appropriate care

• By effective, we mean that people's care, treatment and support achieves good outcomes, promotes a good quality of life and is based on the best available evidence

Caring for all clients

• By caring, we mean that staff involve and treat people with compassion, kindness, dignity and respect

Responsive to client needs

• By responsive, we mean that services are organised so that they meet most of people's needs based on available resources

Accountable and well-led service for the community

• By well-led, we mean that the leadership, management and governance of the organisation is answerable for and assures the delivery of high-quality person-centred care, supports learning and innovation, and promotes an open and fair culture