The St Helena Ambassador ... An Extraordinary Place on a Path to Prosperity Issue 61 February 2018 THE MIV BOUDICCA VISITS JAMES BAY

n Friday, 16 February 2018, the cruise ship, MV Boudicca, en-route from Walvis Bay, anchored in James Bay, St Helena.

During her visit, she carried 714 passengers and 398 crew, with the majority of the passengers being of British nationality.

St Helena Tourism Officer, Christina Plato, said:

"It was nice to see the harbour come alive once again.
Comments from passengers who went on both pre-booked and freelanced Island tours were positive. Many pointed to the charm of the Island and the friendliness of the people.
A successful cruise ship visit is not achieved without the help of various stakeholders, including Solomon & Company (St Helena) Plc, Customs and Port Control, taxi and tour providers and the Police. We would also like to thank all who provided feedback on the MV Boudicca."

The MV Boudicca departed on the same day, bound for Ascension Island.





CONNIE JOHNSON AWARDED A BACHELOR'S DEGREE WITH DISTINCTION

n 30 January, Connie Johnson, Assistant Secretary (Admin) of Corporate Support, was notified by Email that she had successfully completed her BA Business & Enterprise online course, and had been awarded a Bachelor's Degree with Distinction.

Connie, who had been studying this course online since September 2016, commented:

"I really enjoyed this course but it was challenging submitting the Journals, Assignments and Final Portfolio before each deadline. Thank you to SHG and to the Edinburgh Napier University for giving me the opportunity to achieve this qualification. I am so glad that I have completed this course; it has definitely shown me that regardless of age we don't have to stop learning."





NEWS ON THE ROYAL MAIL SHIPS





oyal Mail issued new post & go self-adhesive postage labels on Wednesday, 14 February 2018. This is the fourth set in the Royal Mail Heritage series and features six ships that represented the history of mail transportation by sea. The previous three sets in the series were Transport, Mail by Rail, and Mail by Air.

The RMS St Helena features in this stamp issue (pictured bottom right). The Royal Mail quotes: "The RMS St Helena was designed and built to carry mail, cargo, and passengers to and from the remote South Atlantic Island after which she was named."



A group of athletes along with their coaches will soon represent St Helena in the XXI Commonwealth Games (held between 4 to 15 April) in the Gold Coast, Australia.

For the first time, the team will undergo a nine-day pregames training camp. Chef de Mission, Nick Stevens, said:

"We are grateful to Gold Coast for funding this and to the Sunshine Coast City Council for their help. This training camp will benefit both our athletes and coaches."

The team leaves on 17 March and will return to St Helena on 21 April 2018.







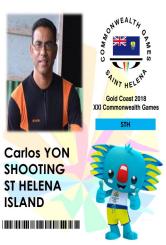








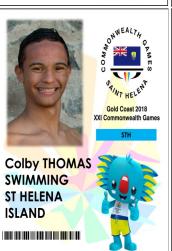














'ST HELENA SUNSHINE' ART EXHIBITION

n Art Exhibition - 'St Helena Sunshine' - was held at the Museum in Jamestown on Tuesday, 6 February 2018.

The Exhibition featuring artwork from Aine O'Keeffe Creations was opened by Saint FM Community Radio Station Manager, Tammy Williams.

There were a number of acrylic canvas art pieces of St Helena Island on display including paintings of Jamestown, the RMS St Helena, and High Knoll Fort. 'St Helena Sunshine' merchandise featuring Aine's acrylic artwork was also on sale.

Aine said:

"I have called this collection 'St Helena Sunshine' because I have painted about how St Helena not only looks to me, but about how it feels."

Invited guests were treated to complimentary snacks and drinks while browsing the artwork on display.





PILLING PRIMARY SCHOOL 'LOVE YOUR HEART' DAY!

n Wednesday, 14 February (Valentine's Day), Pilling Primary School held a themed day entitled 'Love Your Heart' - designed to focus on healthy living and hearts.

During the day, children participated in various activities including Circuit Training, Healthy Cooking and Zumba. Dietician, Georgina Giebner, and School Nurse, Elaine Stafford, held lessons focused around healthy hearts.

Georgina commented:

"Elaine and I spoke to each year group on making healthy sugar swaps, showed actual sugar content of drinks, and explained why energy drinks are dangerous for their health. Both Elaine and I found the children very engaging and interested."









In the afternoon, a selection of children took part in a mini decathlon, starting at the Jamestown Swimming Pool where children swam 10 lengths, before walking a route via Shy Road back to Pilling Primary School.

Coordinator, Steve Plato, concluded:

"The day was successful in getting the children more enthused about exercise and healthy eating to maintain a healthy heart. In addition to our 'no chocolate' policy, no crisps or energy drinks were allowed into school during the day. I hope the success of this day will inspire future activities here at Pilling where we can do our part in the fight against heart disease by educating the younger generation."

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